

Oakfield School

15th November 2020

Outbreak Letter for School – Advice to Parents

Dear Parents/Carers

Unfortunately I have received confirmation that another member of our school community has tested positive for COVID 19.

Following government and local authority guidance the affected person and their family have now started their isolation.

In line with Government Guidance We have contacted the families of the children, and the staff, who are affected telling them that they need to isolate for 14 days from when they last had contact with that person.

If you have not been contacted today, then your child has not been affected.

Again, if anyone in your family develops symptoms or tests positive for coronavirus can you please let us know? Jo, Jayne and Leanne are available on their work phones and they will be able to quickly get a message to me.

I have, again, added some additional information at the end of the letter for you, but if you have any worries, please contact us and we will do our best to help you.

Thank you all for your support.

Yours sincerely

A handwritten signature in black ink that reads "Rachel M. Davies". The signature is written in a cursive style with a large initial 'R'.

Rachel Davies

Headteacher

Additional information

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. Further guidance is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds

- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>