



Food for Life Hull Newsletter

January 2020



Hello! Welcome to 2020 and your Food for Life Hull newsletter. Here you will find details of training, events, success stories, competitions and tools to help you achieve your FFL award!

Food for Life in Hull...

Food for Life brings schools, nurseries and their surrounding communities together around the core ethos of healthy, tasty and sustainable food.

Food for Life were commissioned in Hull to work alongside other services within the City to be part of a Whole Systems Approach that is ongoing to tackle and prevent childhood obesity.

Our work with schools aims to transform food culture by supporting a whole school approach to good food. This includes: supporting leadership and pupil voice; training on food education through cooking, growing, farm links and food policy; working with school meal caterers on improving procurement and school meal quality; and engaging the wider school community through food.

The Food for Life Schools Award Package is **FREE** to all Hull schools (worth £199+ VAT).

Ofsted and your Food for Life Award...

The Food for Life award directly supports schools to meet the new Ofsted and National Curriculum requirements. An important feature of the framework is the 'Whole School Approach', that enables a good food culture to become an intrinsic part of school life. Being part of FFL will provide solid evidence for Ofsted.

The School Food Plan provides practical guidance to help school leaders adopt a whole school approach to food. This guidance cites the Food for Life Schools Award as a quality assured scheme to help schools create a culture of healthy eating.

Several criteria within the 'Food Education' section of the awards framework also link directly to the National Curriculum requirements to support pupils to gain practical cooking experience and an understanding of food sustainability issues.

By taking part in the FFL School Award you will be already collecting evidence to demonstrate a positive food culture in action.

"67% of schools felt the programme had a clear impact on their Ofsted report in terms of pupils' personal development and wellbeing."

CONTACT DETAILS



Katie Todd
Local Programme Manager
T: 07467 149174
E: ktodd@soilassociation.org

Katie is available to provide 1:1 support to Food for Life schools – including teacher training; assemblies; submitting evidence towards your award; developing local partnerships... How could I help you?

Follow and tag us on Twitter:

@KToddSA



@SAfoodforlife

Shout out to our awarded settings...

Hull's Food for Life **BRONZE** School Award holders:

Oakfield School

Thorpepark Academy

Woodland Primary

Bellfield Primary

Hull's Food for Life **GOLD** School Award holder:

Newland St John's CE Academy

Food for Life Get Togethers...

The Food for Life Get Togethers programme uses good food to bring people of different ages together through growing, cooking and eating.

Rooted in partnerships with groups of schools, nurseries and community organisations, Food for Life Get Togethers is for people of all ages and backgrounds.

Having the chance to get together, share a fresh, healthy meal and have a chat can change people's day to day lives.

Three schools in Hull successfully applied for a Food for Life Get Togethers small grant to help with hosting their events...

Stepney Primary hosted their first Roast Dinner Day event in which parents were invited in to school to eat a delicious roast dinner with their child.

Newland St John's CE Academy ran an International Food Festival where parents cooked a variety of foods from around the world to share with the rest of the school community.

Ganton School invited parents and members of the school community to share in a Community Dinner cooked by the staff and pupils.

To find out more about hosting a Get Together and the small grants that are available please go to our website

<https://www.foodforlife.org.uk/get-togethers/get-involved/small-grants>



Schools Spotlight...

Newland St John's CE Academy last year became the first Gold Food for Life school in the city and with only 23 Gold schools in the country this is an amazing achievement!!! As a Gold school they are serving fresh healthy, meals with high quality and local ingredients, and provide cooking, growing and food education to all pupils as well as the whole school community.

Oakfield School have used their Food for Life work to enhance the parental engagement at the school and a case study of their work was included in the Soil Association Annual Report to show the positive impact of Food for Life.

Priory Primary recently hosted a Food for Life Cook and Eat Bag event. School families were given the opportunity to take home ingredients and equipment to make tomato soup and wholemeal bread and share their experiences. The event was a huge success with all the families who took part stating that they cooked together with their child and then ate the meal together as a family.

Three things you could do to benefit from Food for Life in Hull:

1. Sign up to our FREE Awards Package now!
2. Invite Katie Todd to your school to lead a Staff meeting or speak to Governors
3. Register for our free, high quality teacher training

DATES FOR YOUR DIARY

Grandparent Gardening Week – 27th April 2020

Grandparent Gardening Week aims to help schools and early years settings get support from the local community to kick start their gardens into action after the winter.

Celebration Event: Thursday 30th April 2020 at William's Den

Food for Life Hull schools will come together to celebrate the good work that they have been leading across the city.

The Big Lunch: 6th – 7th June 2020

The Big Lunch provides a simple platform on which other things can grow, from informal friendships, to tackling broader issues that may affect a street or neighbourhood. Every year, rain or shine, Big Lunchers across the UK hang up their bunting and bring people together to have a laugh and a natter over a bite to eat.

Future training coming soon...

How to host a Food for Life Get Together, Food for Life Network meetings, 8 weeks to award and Outdoor Classroom Training