

OAKFIELD SCHOOL

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Awareness - Scabies

Unfortunately we have had a report of scabies within the school community.

I need to make you all aware of the signs and symptoms and what to do if you are concerned.

Symptoms of scabies

The main symptoms of scabies are intense itching and a rash in areas of the body where the mites have burrowed.

The itching is often worse at night, when your skin is warmer. It may take four to six weeks before the itching starts because this is how long it takes for the body to react to mite droppings.

The rash

The scabies rash consists of tiny red spots. Scratching the rash may cause crusty sores to develop.

Burrow marks can be found anywhere on the body. They're short (1cm or less), wavy, silver-coloured lines on the skin, with a black dot at one end that can be seen with a magnifying glass.

The rash usually affects the whole body, apart from the head. The following areas can be particularly affected:

- the underarm area
- around the waist
- the inside of the elbow
- the lower buttocks
- the lower legs
- the soles of the feet
- the knees
- the shoulder blades
- the female genital area
- the groin
- around the ankles

If you are concerned that any member of your family may be affected, please contact your GP surgery or NHS helpline for advice

If you have any questions, please contact Doreen Ricketts at the school and she will be happy to help.

